

# **Clermont Herb Conference 2009**

*Herbs for Everyday Use, Cleansing & Detoxification,  
Digestion, Super Human Syndrome and more*

## **Featuring:**

Thomas Easley, RH(AHG)

### ***And...Our Herbalist Panel***

with over 50 years of experience

**September 12, 2009, 9am-4pm**

**Lake Sumter Community College  
(Clermont Campus)**

### **Agenda and Topics**

9:10a	Herbs for Everyday Use
10:15a	Cleansing and Detoxification
11:30a	Digestion
12:30p	Lunch Break
12:45p	Optional: Stress Management (bring your lunch)
1:45p	Super Human Syndrome
3:05p	Bringing it All Together
4:15p	NSP Business Building Session

Join us for a fun and informative filled day where you will learn how to take charge of your health. Our herb panelist, Ashlie Overman, RN, Lee Butler, CNHP, Wendimere Reilly, CNHC and Jennifer Pressimone, CNHC will share their extensive natural health experience to help you easily, confidently and effectively create a wellness regime that is right for you.

Bring your family and friends for this exciting seminar. To register, please stop by the Clermont Herb Shoppe or Cagan Herb Shoppe or call us at 352.243.3588 (cash or check only).

## About the Speakers:

**Thomas Easley RH(AHG)** is a clinical herbalist with over ten years of experience. At the age of fourteen, he completed a five year apprenticeship under a Master Herbalist, after which he quickly progressed to clinical practice. At the age of nineteen, he opened his first herb store. Thomas has refined his understanding of Western herbalism by studying with several professional members of the American Herbalist Guild. In 2004, he became a certified instructor and started teaching at schools and medical colleges. Professionals in the medical field and lay people alike love his scientific, yet practical, approach to herbalism. Recently named one of the top ten Western herbalists in the world, Thomas is considered by other professionals to be on the cutting edge of herbalism, as he is constantly integrating the new with the traditional. In order to stay abreast of new trends in herbalism, Thomas reads over one thousand pages per week of both current research and traditional herbal text. By making education the focus of his life, Thomas is seeing truly amazing results in both health and social awareness. Thomas is also the founder and president of **Herbs for Orphans** ([www.herbs4orphans.org](http://www.herbs4orphans.org)), a nonprofit organization that provides nutritional support for underprivileged youth in poverty-stricken countries.

## Herbalist Panel:

**Ashlie Overman** is a Registered Nurse and Senior National Manager with Nature's Sunshine. She has over 20 years experience in the Natural Health field including owning and operating a very successful Herb Shoppe in Panama City, Florida. Today she is busy with her Chinese Herbal internet business.

**Lee Butler**, CNHP has been working in the Natural Health field for the past 20 years. She has successfully owned two Herb Shoppe's in Central Florida and helped numerous other herbalist open herb shoppes. Lee takes a common sense approach to natural health and herbal programs.

**Wendimere Reilly** is an author, herbalist, and health advocate. She is the founder of *The Health Chic*<sup>™</sup> Project, and owner of two Herb Shoppe's. She is working on a Master's in Holistic Nutrition and believes that healthy living should be hip, fun, delicious, and accessible to the average person.

**Jennifer Hochell Pressimone** is a holistic herbalist, aromatherapist, international educator and author with over seven years experience. Jennifer currently owns JennScents<sup>®</sup> Aromatherapy Custom Blending Bar and the Clermont Herb Shoppe & Day Spa in Clermont, Florida.

**Class Fee:** Registration begins August 1<sup>st</sup>, \$20 per person in advance (\$25 at the door); non-refundable.

**Registration:** Registration is required as seating is limited. We ask that you do not bring children, as they may cause distractions to other attendees. We are expecting 100-150 people for this event.

**Lunch:** Lunch is on your own. We suggest you bring your own brown bag lunch or visit one of the local restaurants. You will have one-hour for lunch as the conference will begin promptly at 1:30pm

## For More Information, Please Contact:

**Clermont Herb Shoppe & Day Spa:** 702 W. Montrose St., Clermont, FL, 352.243.3588

**Haines City Herb Shoppe:** 12 N. 5th St., Haines City, FL, 863.419.8584

**Cagans Crossing Herb Shoppe:** 533 Cagan Park Av., Clermont, FL 34711, 352.243.9005